



2008 High Tech Regional Clinic Information

Please mark your calendar and bring your team to a
FUN-FILLED, LEARNING experience:

October 18th-19th

Arizona Sunrays Gymnastics, 3110 E. Thunderbird Rd. Phoenix

*****Open to all Level 7 – Elite athletes *****

**FEE: \$100.00 per optional athlete
\$ 50.00 per coach or judge
(Make checks payable to Region 1)**

**Please complete the attached entry form and return along with your check no
later then
September 24th, 2008. \$10.00 late fee per athlete.**

**Hotel:
Fairfield Inn Scottsdale North
13440 N Scottsdale Road
Scottsdale, Arizona 85254
Phone: 1-480-483-0042**

**Some of our great Clinicians Confirmed at this time include;
Neil and Patty Resnick
Justin Howell
Liz Crandall
George Hery**



Our Region One Clinics are growing every year and have been a great experience for everyone who has participated. There are **three** core goals that we are trying to achieve by hosting these Regional Clinics.

- **Education:** We need our coaches, top judges and top athletes to actively participate in our regional clinics. In order to better ourselves we must learn, and there is no better way of learning than the open sharing of ideas, techniques, opinions, training plans, conditioning programs and strategies for bringing out the best in our gymnasts.
- **Building Team Unity:** Team Unity is essential in providing a fun competitive atmosphere for our athletes. The obvious benefit of Team Unity is that it leads to a better performance by our athletes, which is a crucial part of achieving our overall goal of being the best Region.
- **Fundraising:** To raise funds to help outfit our athletes and coaches so our TEAM look is as great as our performance. These clinics are some of the only fundraisers done by Region 1. All profits will benefit our athletes by helping to purchase the additional team apparel for Level 9 and 10 Western and J.O. National athletes.

As an incentive to participate in one of the three clinics that we will have had this year, each gym that participates will receive a complete apparel package for athletes qualifying for J.O. Nationals, as well as coaching apparel. Those teams that do not participate will need to purchase the additional apparel for their athletes and coaches. You may purchase this apparel as well as additional sets of the coaching apparel at the Region 1 Championships.

Region One Junior Olympic Committee
Junior Olympic Summer Clinic
Featuring Instruction and Expertise
From Some of Our Region's Finest Coaches

Team Name Phone/FAX #/E-MAIL****(required)

Address

Coaches USAG# & Safety Cert.

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➔ Please circle which Clinic you will be attending: July. 12 - 13 Aug. 9 - 10 Oct. 18 - 19
Belmont, CA Costa Mesa, CA Phoenix, AZ
Gymnasts Names: (please print) USAG# DOB/AGE LEVEL
(Group)

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2.			
3.			
4.			
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9.			
10.			

Return to: Jennifer Krause, 3 Atherton **Island Stockton, CA 95204**. FAX 209-464-5393
email:jenshipman@yahoo.com for more info call Dan Witenstein. Gym 602-992-5790
ENTRY FEE: Optional (7-10/Elite) \$100.00, Compulsory (4-6) \$80.00 Late Fee \$10.00 per athlete
Please make checks payable to: Region 1