

Jennifer S. Shipman
Regional Administrative
Committee Chairman
3 Atherton Island
Stockton, CA 95204

Ph: (209)464-6393

Fax: (209)464-5393

jenshipman@yahoo.com



www.region-one-gymnastics.org



REGIONAL DATES:

March 31-Apr. 2	9/10 Regionals	Temecula, CA (SCEGA)
April 7-9	8 Regionals	Fullerton, CA (SCATS)
April 8	NCAA Regionals	Various Sites
April 21-23	Westerns	Colorado Springs, CO
April 20-22	NCAA Nationals	Corvallis, OR
April 28-30	JO Nationals	Oklahoma City, OK

Special points of interest:

- State Chair Nominations
- Updates from the States
- Judging Assignments
- Financial Statement
- New Elite Division
- JO Camps

State Chairman Elections Coming! Nominations needed by March 5th

Nominations for State Administrative Committee Chairman need to be postmarked by March 3, 2006.

Criteria for Nomination:

- Nominee must be USAG Women's Program professional member for a minimum of two years in the state program in which they seek election.

- Nominees must be at least 21 years old and be members in good standing.

- It is strongly recommended that State Committee Chairman candidates have financial skills, organizational skills, a working knowledge of the program, and the willingness to fulfill the duties and responsibilities of the position.

Duties and Responsibilities of the SACC:

1. The SACC is responsible for the overall organization of the USAG program and events in the state.
2. The SACC provides for the State Administrative Committee, consisting of other members as determined by the state to best serve the needs of the program in the state.
3. The SACC oversees and sets up (in conjunction with the state committee) the following:

- JO competitions for all levels.
- Sectional or qualifying meets and State Championships
- Qualifying scores and procedures in the state.
- Meet sites for qualifying, sectional and state meets.
- 4. The SACC has the responsibility to:
 - Support the USAG women's program.
 - Follow the Women's Program Committee Rules, Policies, Procedures, Operating Code, and Code of Ethics.
 - Work to assure that the competitions in the state follow the USAG Rules & Policies.
- 5. The SACC is responsible for helping to keep members informed of important information about the USAG program and about particular dates and items pertinent to the program in the state and Region.
 - The SACC should publish state newsletters on a periodic basis.
 - The SACC should conduct a minimum of one annual state meeting of the USAG Professional members.
- 6. The SACC is accountable for all State USAG funds.
- The SACC is to keep a state checking account in accordance with the established financial procedures.
- The SACC must file quarterly financial reports with the RACC.
- 7. The SACC is a member of the Regional Administrative Board.
 - The SACC is expected to attend the meetings of the Regional Administrative Committee.
 - The SACC is directly responsible to the RACC and should work closely with all of the Regional personnel.

Special Notice:

The nomination form is located on the next page. Please act fast, as the deadline is near! This is a very important position, so please consider nominating someone in your state.

Election Procedure

ELECTION

State Administrative Committee Chairmen are elected by the Women's Professional Members in their respective states.

Ballots and resumes for the candidates will be sent out using the February 2006 USAG Membership List. You must be a current member with USAG to vote.

State Administrative Committee Chairmen are elected by a majority vote (1 over 50% of the votes cast). If no candidate receives a majority vote on the first ballot, a run-off election will be held between the two candidates receiving the most votes. In the case of a tie in the run-off election, the State Administrative Committee will vote to break the tie. If only one nomination is received, the Regional Administrative Committee Chairman will cast one vote and the nominee will be elected by acclamation.

Term of office will begin July 1, 2006 and it is a 2 year term

POSSIBLE ONLINE VOTE

There is a possibility that the elections for State Administrative Committee Chairman will be run online through the USAG website. If so, the details about the election will be available on the Region 1 Website and the USAG website.

New Elite Division

By Jack Carter, RECC

As always, a new year brings new adventures and new expectations and 2006 will be no exception. With the advent of the new Code of Points, we now have an opportunity to introduce a new Optional Elite Level for our young hopeful developing Elite athletes. This division (which we would like to call "Hopes") will better help those athletes and their coaches with their Elite development. Input for this program was gathered from several National Team coaches, Judges and USAG Administration staff. For more information on this new "Hopes" division and TOPs changes for 2006 visit the USAG website:

<http://www.usa-gymnastics.org/women/tops/tops.html>

JO Regional Clinic/Camps... a huge success!

A big Thanks to our Regional JO Committee Chairperson, Dan Witenstein and his staff for great Regional Clinics in 2005. Dan coordinated and ran 3 Regional JO clinics, one in Southern CA at AGA, one in Northern CA at Technique Gymnastics and one in Phoenix, AZ at Arizona Sunrays. The philosophy of the clinics is to provide an educational experience for the coaches and athletes in the Region, to create a more cohesive Region and to raise money for apparel for our National qualifiers. I think all that attended would agree that it was an educational and fun experience for the coaches and athletes.

The clinics raised about \$27,000.00 for our athlete apparel fund! Thanks to Dan, his staff, the clinic hosts as well as all of the great clinicians and participants!

Updates from the States

ARIZONA (by Debby Farrelly)

Arizona's compulsory season was a big success. New routines and an earlier season did not slow Arizona's clubs down. We had 247 Level 4's and 270 Level 5's and 6's that participated in our state meet. This included approximately 24 competitive clubs.

We kicked off our optional season with an Optional Critique Meet hosted by NAWGJ.

The Arizona State Committee is proud to have contributed to Region 8's hurricane relief fund as well sponsoring 8 Arizona Judges to the Regional Judging Clinic in December.

CALIFORNIA-North

Northern California sent a Level 7 State Team to the National Judge's Cup in Houston, Texas in January. Nor-Cal won the State Team Challenge for the Fifth year in a row!

Nor-Cal's Level 7 State meet will be March 25-26th hosted by Peninsula.

Level 8 State Meet will be March 18-19 hosted by Byers Sacramento.

Level 9/10 State Meet will be March 11-12 hosted by Oroville Gymnastics.

www.norcal-gymnastics.org

CALIFORNIA-South

Southern California will host both of the Region 1 Regional Competitions. Thank you to Southern CA for coming through for our Region!

Southern CA had a successful Mini Congress in January. Thank you to the State Committee Members for all of their hard work. Thanks also to the presenters and athlete demonstrators.

www.socalusagym.org

NEVADA (by Shirley Bruck)

Congratulations to Delchev's, the Level 4, 5 & 6 State Team Champions!

Nevada has a very busy optional season hosting approximately 9 large invitations. Our spring state meet will be March 10-12 at the Arkonian Center hosted by Go For It Gymnastics. Reserve your rooms now, as it is NASCAR weekend in Las Vegas!

UTAH

Utah will be hosting their Girls and Boys State Meet together this Spring.

The State meet will be March 17-18 hosted by Arete Gymnastics.

Keep informed at www.usagutah.com.

NOMINATION FORM FOR STATE CHAIRMAN

(Duplicate as needed)

Name of Nominee: _____

Address of Nominee: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____

E-mail: _____

Return Completed form to:

Jennifer Shipman, 3 Atherton Island Stockton, CA 95204

Send e-mailed nominations to jenshipman@yahoo.com

Send faxed nominations to (209)464-5393

Mailed form must be postmarked by March 3rd, 2006.

E-mailed or faxed nominations must be received by March 5, 2006.

Financial Statement

Region I Financial Statement as of February 1, 2006	
Beginning Balance	\$7995.15
INCOME	
Membership Rebates	\$23,594.40
Region I Congress	\$9,506.00
TOPS Clinics	\$19,920.00
JO Camps	\$36,210.00
Sale of Apparel	\$1,668.00
Elite Qualifier	\$1,200.00
State Reimbursement	\$3788.00
Income	\$95,886.40
EXPENSES	
Clinic	\$650.00
Rebates to States	\$15,307.64
TOPS Clinics	\$11,341.41
JO Camps	\$8,487.31
Western Jackets	\$799.50
Elite Qualifier	\$1,205.12
Travel to Meetings	\$3,721.38
Website & Office	\$2060.00
Expenses	\$43,572.36
Ending Balance	\$52,314.04

Regional Technical Assistant

I am pleased to announce that Neela Nelson (AZ) will be serving as Regional Technical Assistant. As well as serving as a member of the Regional Technical Committee, Neela will be handling all petitions to Level 8, 9 and 10 Regional Meets.

TECHNICAL ISSUE

Balance Beam & Floor Exercise: -.10 for more than two dance elements of the same shape.

There have been many questions and a lot of confusion regarding what constitutes the "same shape". The Technical Committee is currently discussing the issue and will have a clarification as soon as possible. Look for the update on the USAG and Region I websites.

Updated Ruling for competitors who are non-citizens living and training in the United States:

Effective immediately, non-citizen athletes who meet the above criteria will be eligible to compete and receive awards for all USA Gymnastics Junior Olympic sanctioned events including State, Regional, East/West and J.O. Nationals.

If a non-citizen athlete places in the top four (4) AA at J.O. Nationals, she will receive the award for her All-Around placement, however, she is not eligible to become a member of the United States J.O. National Team. In this instance, the next U.S. citizen in rank order will be placed on the J.O. National Team.

Clarification on raising scores at State Meets:

When requesting to raise a score at a State Meet, Rules & Policies must be followed (Page 44).

Scores may not be changed after the awards are given, thus allowing the gymnast to qualify to Regionals! No exceptions!

ATHLETE REGISTRATION:

All registration forms for Regional, Western, National, Elite and Tops events must be paid for with ONE club or Booster club check. Multiple checks from a club will no longer be accepted!

Petitioning Procedures

DROPPING BACK

Since there is a new Code of Points, any gymnast who competed at level 8, 9 or 10 in the 2004-2005 season may drop back one level for the 2005-2006 season without petitioning. Refer to page 21 of the Rules & Policies for additional information on dropping back through the levels.

INJURY PETITIONS

Petitions to State or Regional meets may be considered for injury, illness or family tragedy (e.g. death or natural disaster). There are no petitions to Westerns or J.O. Nationals. Refer to page 49-50 of Rules & Policies for more specific information as well as the procedure.

State Meet petitions go to your State Chairman.

Regional Petitions are to be sent to:

Neela Nelson
4626 E. Everett Drive
Phoenix, AZ 85032
Fax: (602)992-3271

Notes from Julie Bowse, RTC

Regional/Westerns/Nationals Judges Assignments

J.O Nationals: Toni Cupal, Sue Graff, Neela Nelson, Jennifer Shipman

Westerns: Pam Evans, Diane Grayson, Patty Shipman

Level 9/10 Regionals:

Meet Referees: Julie Bowse, Janet Packwood
AZ: Pam Evans, Diane Grayson, Shari Mann-Liddle, Neela Nelson
CA-N: Liz Ctrandall-Pader, Toni Cupal, Jennifer Shipman, Patty Shipman
CA-S: Sue Graff, Yolanda Mavity, Denise Porozzo, Piper White
NV: Shirley Bruck, Julie Jay
UT: Linda Fenton, Cathy Bennion

Level 8 Regionals

AZ: Kim Bird, Fran Earles, Donna Payne, Robbie Stumpter
CA-N: Chizu Holmes, Kathy Lopes, Janet Packwood, Joan Geel
CA-S: Gigi Ivarone, Tammy Parsons, Jami Pilasch, Mary Preece
NV: Carmen Nolan, Lena Dmitriev
UT: Tina Paulos, Katy Heddens

These are the final assignments after availabilities were received